

# January 2026

Mon  
**19** **Blue Monday Breakfast**  
9am

Enjoy a croissant or pain au chocolat on us from Greggs to make a blue Monday a bit brighter! Served at reception.



Throughout  
January



**FOOD  
DRIVE!**

**New Beginnings  
food donation  
collection**

We are teaming up with new beginnings Reading to collect food and household items for their food bank. Collections will run throughout January at reception.

Thu  
**22** **Candle Painting  
Workshop**  
12-1pm

Join Crafting Joy for a candle painting workshop from 12–1pm in the meeting room. Email [reception@onevalpy.co.uk](mailto:reception@onevalpy.co.uk) to secure your place



Tue  
**27** **Bake It Please  
Brownies Pop up**  
11.30–3pm

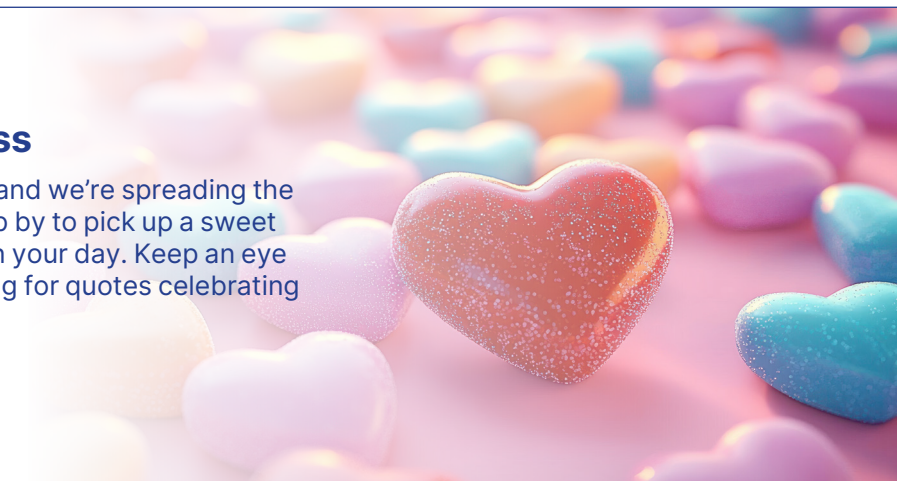
Treat yourself to some baked treats from *Bake It Please* in reception, available to buy from 11:30–3pm.



# February 2026

Mon <sup>Fri</sup>  
**09–13** **Spread a Little Sweetness**

It's Valentine's week, and we're spreading the love – office style! Pop by to pick up a sweet treat on us to brighten your day. Keep an eye out around the building for quotes celebrating friendship and love.



Tue  
**17** **Pancake Palooza**  
9am

Join us for a delicious Pancake Palooza in reception at breakfast time! Freshly made pancakes will be served with a choice of tasty toppings, courtesy of Crumbs Catering. Swing by, grab one, and start your day on a sweet note—we look forward to seeing you there!



Mon <sup>Fri</sup>  
**23–27** **Chinese New Year Paper Creations**

To celebrate Chinese New Year, we're getting creative at reception! Pick up origami instructions and a selection of beautiful paper to make your own festive creation. Once you're done, bring it down to reception or send us a photo—we'd love to share everyone's designs around the building.



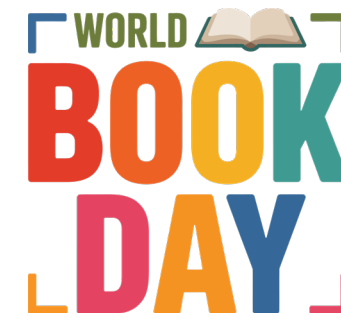
For more information about events at One Valpy please email us at: [reception@onevalpy.co.uk](mailto:reception@onevalpy.co.uk)

Check [whatsonreading.com](http://whatsonreading.com) for events and activities around the town.

# March 2026

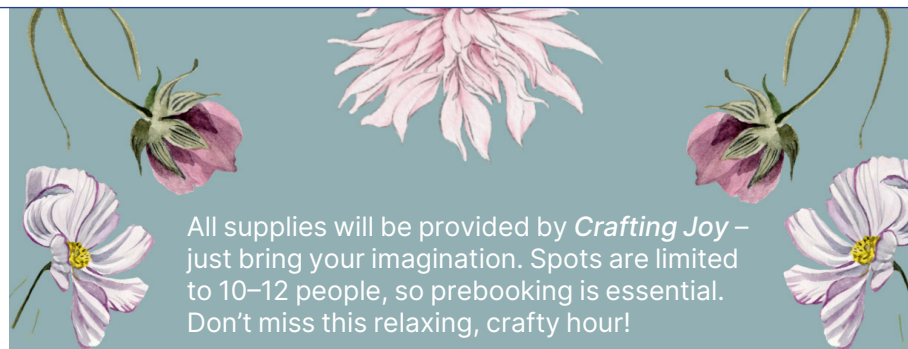
Thu  
**05** **World Book Day**

Whether you're a lifelong reader or just looking for a little inspiration, there's something for everyone this World Book Day! Take a chance on a story with our Lucky Dip postcards, discover a new book to enjoy, and share the excitement with your colleagues. Or test your literary knowledge in our First Line Quiz—can you match the opening line to the right book? Pick a story, guess a line, and celebrate the joy of reading with us at One Valpy!



Thu  
**12** **Mother's Day  
card workshop**  
12–1pm

It's nearly Mothering Sunday, and we're getting creative! Join us in the meeting room on Sunday 12th March, 12–1pm to make a thoughtful card for someone special.



All supplies will be provided by *Crafting Joy* – just bring your imagination. Spots are limited to 10–12 people, so prebooking is essential. Don't miss this relaxing, crafty hour!

Mon      Fri  
**16–20**  
**Get Your  
Laugh On:  
Red Nose Week**



Get ready to laugh, get creative, and have some fun – Red Nose Week is coming to One Valpy! Share your funniest, office-appropriate jokes and colleagues get to vote on their favourites. Try your hand at Caption This, adding your own lines to images. Pop by the reception to read, enjoy, and join in the fun—whether you're a lifelong jokester or just looking for a midweek smile, there's something for everyone. Come spread the laughter and celebrate Red Nose Day together!

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Mon      Fri  
**23–27** **Share, Sip, Swap**

March is National Nutrition and Hydration Month! Share your tips and tricks for healthy eating, discover the small swaps your colleagues have tried, and explore our 'Did You Know?' and myth-busting posters around the building. Find bite-sized insights on portion sizes, how advertising influences our choices, and simple ways to stay hydrated throughout the day. Pop by, get inspired, and see how small changes can make a big difference!



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